



## WELCOME TO THE OES BREAKFAST CLUB!

We are pleased to bring you an adapted breakfast program so that all students can have access to healthy food in a nourishing and comforting environment in the wake of the COVID-19 crisis. The program is designed specifically to comply with public health guidelines and will be operated in collaboration with Breakfast Club of Canada.

### What can you expect this year?

- Individually packaged items! (fruits, cheese, yogurt, cereal, granola bar and even more)
- Breakfast delivered to classrooms for students to eat at their desks
- A healthy and delicious breakfast consisting of the 3 food categories (whole grain, protein, fruit/veggie)
- Positive impacts such as helping to improve student's concentration, scholastic performance and behavior

Breakfast will be served to students throughout the school year at 8:30, starting on September 2, 2021.

The program is available to every student and you are free to register at any time throughout the year. Please contact our school secretary at school if you have any questions.

If you would like to help keep our club sustainable, you can donate \$ 25 for the school year for one child or \$ 40 for two or more children.

*(This form can be returned to school on August 31<sup>st</sup> during our Welcome Back to OES day.*

*You can include cash or cheque with your registration slip)*



If you wish to register for the Breakfast Program, please clearly print the information below:

My child \_\_\_\_\_ will participate in the OES breakfast program.  
(Student Name and grade level)

### Authorizations

**Media consent:** Breakfast Club of Canada may photograph/video/interview my child for promotional purposes:

☐ YES ☐ NO

**Student volunteers:** I accept that my child may volunteer at his/her school's breakfast program if needed

☐ YES ☐ NO

**Allergies, illnesses and emergencies:** My child's health information can be used for the breakfast program.

☐ YES ☐ NO

\_\_\_\_\_  
Parent's name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

☐

I would love to be a parent volunteer for my school's Breakfast Club! Please contact me to discuss this further!