



Valleefoods @ Ormstown Elementary School

Contact info: # Andrea Vallee (450) 374-9432

Email: valleefoods@gmail.com



Week of:	Monday	Tuesday	Wednesday	Thursday	Friday	Available daily Full Meal \$7.50 Grilled Cheese Meal \$7.50 All meals include: Soup of the day Meal of the day Dessert of the day or fresh fruit Water or milk Selections are made using the meal choice card and returning it to school using the OES money pouch. *Please see meal selection and payment options on the back of this page
Week 1 Sept 9 Oct 14 Nov 18 Jan 6 Feb 10 Mar 24 Apr 28 Jun 2	Fusilli with Tomato lentil Sauce, veggies or salad	Beef taquitos with Mexican rice and veg of the day	Chicken tenders, mashed potatoes and veg of the day	Spaghetti with meat sauce and Caesar salad or veg of the day	BBQ pork burgers with raw veggies and dip	
Week 2 Sept 16 Oct 21 Nov 25 Jan 13 Feb 17 Mar 31 May 5 Jun 9	Breakfast burrito (egg & cheese) with tortilla chips and salsa	Chicken fajitas with raw veggies and dip	Pancakes, sausages and hash browns Dessert: Fresh fruits	Baked macaroni with veg of the day	PIZZA DAY!! (Pepperoni) with chips and raw veggies	
Week 3 Sept 23 Oct 28 Dec 2 Jan 20 Feb 24 Apr 7 May 12 Jun 16	Cheese tortellini with creamy Alfredo sauce and veg of the day	Beef tacos with rice and salad	Hot chicken buns, mashed potatoes and peas	Lasagna with garlic bread and veg of the day	Mini Philly steak and cheese subs with raw veggies and dip	
Week 4 Sept 30 Nov 4 Dec 9 Jan 27 Mar 10 Apr 14 May 19	Grilled cheese with Ramen noodles and cucumbers	Chicken taquitos with Mexican rice and Veg of the day	Pancakes, sausages and hash browns	Bow tie pasta with meat sauce and Ceasar salad or veg of the day	Chicken burgers with raw veggies and dip	
Week 5 Oct 7 Nov 11 Dec 16 Feb 3 Mar 17 Apr 21 May 26	Baked ham and potatoes	Chicken and bacon wraps	Ham and cheese croissant with Pasta Salad	Cheese tortellini with tomato basil Sauce and Salad	Pizza subs with potato wedges	



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OES Meal Payment and Selection Options

Option 1: Daily Purchases -\$7.50/meal

Meal selection:

A double-sided meal selection card with your child's name is in their OES money pouch.

Indicate your child's meal choice by making their selection visible (Full Meal or Grilled Cheese Meal).

Payment options: Cash or e-transfer to valleefoods@gmail.com

Option 2: Meal Cards -10 meals for \$75

Meal selection:

A double-sided meal selection card with your child's name is in their OES money pouch. Indicate your child's meal choice by making their selection visible (Full Meal or Grilled Cheese Meal).

Your child's 10-Meal card will remain in the money pouch.

Payment options: Cash, cheque or e-transfer to valleefoods@gmail.com

Option 3: Annual Lunch Plan - \$109 / month

Included:

160 cafeteria meals (plus 9 free meals in case of student absence or unexpected closures)

No additional charge for 3 field trips (Please send a bagged lunch)

Meal selection:

A monthly calendar will be sent in your child's OES money pouch for meal orders.

Please return the completed calendar in your child's agenda by the 20th of each month.

Payment schedule:

11 payments

First payment: August 31st

Monthly payments: September to May (due on the 20th)

Last Payment: June 1st

Hello, my name is Andrea Vallee and I have been cooking in the school system for many years. My mission is to provide your child a delicious and nutritious homemade meal. I will be sourcing locally, as much as possible. Our menu will vary with the seasons and will be affordably priced. With that in mind, choices of sides, salads and soups will vary depending on what is fresh, available and in season.

Please feel free to contact me with any questions that you might have. I can be reached at: (450) 374-9432 or by email at: valleefoods@gmail.com

Catering

Homemade soup 1 Litre	\$5.00
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**** Spaghetti sauce****

1 Litre (2-3 people)	\$8.00
2 Litres (5-6 people)	\$15.00

**** LASAGNA****

Family (4-6 people)	\$25.00
Small (1-2 people)	\$10.00

Lasagna and spaghetti sauce must be ordered by Wednesday at 9am, pick up at 3:30pm on Thursday or delivery available for \$\$ depending on km