

Date: Sept. 2026

TO PARENTS OF GROUP: All OES Parents

OBJECT: INFECTIOUS DISEASES IN THE SCHOOLS

Infectious diseases are common at school and can have an impact on health. Certain infectious diseases are contagious and can be transmitted from one person to another.

INFORM THE SCHOOL !

- ◆ If your child is ill, you must inform the school of his absence. If you take him to the doctor, ask whether your child has a contagious disease; if so, please inform the school (see the list of diseases to be reported on the reverse side). The school nurse will be informed and, if necessary, will contact you for more information as well as to answer your questions.
- ◆ If your child is ill, he must stay home until he is able to participate in school activities. For certain contagious diseases, the child's return must be delayed until the end of the contagious period.
- ◆ If your child has a special medical condition such as a weakened immune system, pulmonary or heart disease, please ask your doctor if he is at higher risk for certain contagious diseases and advise the school administration. The school nurse will be informed and will let you know if a case is reported at school.

VACCINATION AND MEASURES HYGIENE: THE BEST MEANS OF PREVENTION

Vaccination is the best way to prevent certain diseases. As parents, you are responsible for having your child vaccinated. Your child should have received vaccines against diphtheria, pertussis (whooping cough), tetanus, poliomyelitis, measles, German measles, mumps, *Haemophilus influenzae* type B, meningococcus serogroup C and chickenpox (if he has not already had this disease after one year of age).

- ◆ Quebec Immunization Program also specifies that boys and girls in 4th grade of elementary school receive, during the year, the following vaccines:
 - hepatitis A vaccine
 - the vaccine against human papilloma virus
- ◆ As part of Quebec Immunization Program, students in secondary 3 receive three vaccines: hepatitis B, meningococcus and tetanus-diphtheria. At the same time, the nurse will check if all the children's vaccination are up to date.
- ◆ For children with specific medical conditions, additional vaccines may be recommended. If you have any questions or concerns, you can contact your local point of service or CLSC to complete your child's vaccination schedule. To book an appointment, visit [Clic Santé](#) or call 1 877 817-5279.
- ◆ Hygienic measures are also important to prevent the spread of contagious diseases. Proper hand washing, using paper tissue when coughing or sneezing (or coughing and sneezing into your sleeve or upper arm), avoiding sharing personal objects, covering wounds with a dressing and taking proper measures to avoid contact with blood from another person are simple and effective actions that everyone can take.

Thank you for your cooperation,



School Nurse

Source : DSPu Montérégie Septembre 2025

LIST OF DISEASES TO BE REPORTED TO THE SCHOOL ADMINISTRATION

- ◆ Bacterial meningitis
- ◆ Chickenpox
- ◆ Conjunctivitis
- ◆ COVID-19
- ◆ Erythema infectiosum (5th disease)
- ◆ Flu/influenza (confirmed by a test)
- ◆ Gastroenteritis
- ◆ German measles
- ◆ Hepatitis A
- ◆ Impetigo, scarlet fever or pharyngitis with streptococcus of the group A
- ◆ Measles
- ◆ Mumps
- ◆ Oxyuriasis (pinworm)
- ◆ Pediculosis (lice)
- ◆ Pertussis (whooping cough)
- ◆ Scabies
- ◆ Tinea capitis or Tinea corporis (ringworm)