

LETTER 1: RETURN TO SCHOOL

Date: Sept. 2026



TO OES PARENTS

KIDS ARE BACK IN SCHOOL, SO ARE LICE!

Every year, throughout Quebec, thousands of children start scratching furiously behind their heads and ears. This is only the tip of the iceberg! This is a sign that lice are back and that we must be ready to flush them out to control their proliferation and transmission.

Information pamphlet

Enclosed is a pamphlet containing information, helpful hints and recommendations on how to treat head lice and nits. Keep it handy, throughout the school year (suggestion: place it on the refrigerator or with the blue health booklet).

Head examination

Buy a thin **comb** (comb specialize against lice, available for a reasonable cost in most pharmacies) and make a point of checking your child's head once a week. This will allow early detection and treatment of infested children as well as prevent the spreading to your family and school.

During the school year, your child's head may be examined by the school nurse or by another person named by the school. This will help us control a lice outbreak if one occurs.

More letters...

You may be receiving, during the school year, one or more letters informing you that lice have been found on your child's head or someone else's head at school. Please follow the recommendations which will be adapted to each situation.

Parents' cooperation is essential in the prevention and control of head lice.

Information booklet:

Lice... lice... lice... : all there is to know about head lice

Poux... poux... poux... : tout savoir sur les poux de tête



School Nurse